

TIMETABLE FOR THERAPISTS AND TEACHERS

	Mon	Tues		Wed	Thurs		Fri	Sat	Sun
Morning	Yoga Therapy	Personal Fitness Training		Nutritional Therapy	Hypnotherapy from July	Emotional Freedom Technique	Counselling	Yoga Therapy	
Afternoon	Yoga Therapy	Personal Fitness Training	Elaine Godley Artery Scanning	Nutritional Therapy Cally Herbert		Emotional Freedom Technique	Counselling	Yoga Therapy	
Evening	Walking Group available any evening by appointment	7.30-9.00 Weight Loss Hypnotherapy commencing 21st June		7.00-9.00 Alive & Loving It Support Group		7.30-8.30 Nia Dance		Johrei Drop In	

